



bike to work anchorage

ANTHC &
SCF are
celebrating
employee
biking.
Register
online to
Bike to Work with
team ANMC

ACT! Register by May 18, and
bike to work the week of the 17th.
Register for Team ANMC!

1. ANTHC and SCF Employees:
Through the link provided
[http://www.scfonline.net/
DevCenter/ index.cfm?
pg=signup&crid=381](http://www.scfonline.net/DevCenter/index.cfm?pg=signup&crid=381)

If you register with the Development Center by May 18 and bike to work the week of the 17th, you have the chance to win prizes.

May 12:

Campus bike tune-up clinic

11 a.m. to 2 p.m., Southcentral Foundation Corporate Building parking lot (4501 Diplomacy Drive).

Summer biking and activity tips along with a Healthy Lunch (\$5) at Employee Wellness event 11-12 SCF Corporate Building (4501 Diplomacy Drive).

May 21:

Biker B-fast and coffee

7:00 a.m. to 9:00 a.m., ANTHC COB Parking Lot (4000 Ambassador Drive)

Bike blessing

12 p.m., ANTHC COB Parking Lot (4000 Ambassador Drive)

Pizza w/live music

4:30 to 6:30 p.m., ANTHC COB